

Performance Evaluation of the Extended Aeration Activated Sludge System in the Removal of Physicochemical and Microbial Parameters of Municipal Wastewater: A Case Study of Nowshahr Wastewater Treatment Plant

Mohammad Sadegh Nikmanesh¹, Hadi Eslami², Seyed Mojtaba Momtaz², Rahmatollah Biabani¹, Amir Mohammadi², Babak Shiravand³, Tahereh Zarei Mahmoudabadi^{2*}

¹ Health Care Network of Chalus, Deputy of Health, Mazandaran University of Medical Sciences, Mazandaran, Iran.

² Environmental Science and Technology Research Center, Department of Environmental Health Engineering, School of Public Health, Shahid Sadoughi University of Medical Sciences, Yazd, Iran.

³ Department of disaster medicine, School of Public Health, Shahid Sadoughi University of Medical Sciences, Yazd, Iran.

ARTICLE INFO

ORIGINAL ARTICLE

Article History:

Received: 25 January 2018

Accepted: 20 April 2018

*Corresponding Author:

Tahereh Zarei Mahmoudabadi

Email:

taherehzarei92@gmail.com

Tel:

+989137477683

Keywords:

Activated Sludge,
Extended Aeration,
Wastewater Treatment,
Nowshahr City.

ABSTRACT

Introduction: Extended aeration activated sludge system has a lower sludge production than other activated sludge processes. Due to its high hydraulic retention time (HRT), the tolerance of this process is higher than the shocks caused by increased organic loading rate. The main objective of this study is to evaluate the performance of the aeration system in removing physicochemical and microbial parameters from the wastewater of Nowshahr, Iran.

Materials and Methods: This is a descriptive-analytical study that was carried out in the wastewater treatment plant of Nowshahr during 6 months. The parameters BOD₅, COD, TSS, total coliform (TC) and fecal coliform (FC) were measured, and also the MLSS, F/M ratio, SVI, HRT and θ_c were measured in aeration basin. Data were analyzed using the Excel software and SPSS (Pearson correlation test and one-sample *t*-test), and $P < 0.05$ was considered significance level.

Results: The average removal efficiency of BOD₅, COD, TSS, TC and FC was 57.7%, 61.4%, 70.8%, 84.6% and 84.3% respectively. The θ_c , HRT, SVI, F/M and MLSS in the aeration basin were obtained, respectively, 5.64 day, 25 h, 48.83 ml/g, 0.28 day⁻¹ and 180 mg/L. In addition, the average output of parameters in the hot months of the year was higher than those in the cold months.

Conclusion: According to the results, the Nowshahr wastewater treatment plant has the adequate efficiency to produce effluent in accordance with environmental standards for discharge into surface water and consumption in agriculture.

Citation: Nikmanesh MS, Eslami H, Momtaz SM, et al. Performance Evaluation of the Extended Aeration Activated Sludge System in the Removal of Physicochemical and Microbial Parameters of Municipal Wastewater: Case Study of Nowshahr Wastewater Treatment Plant. J Environ Health Sustain Dev. 2018; 3(2): 509-17.

Introduction

Water supply and reduction in water quality is one of the global concerns that will unexpectedly increase due to increasing population, urbanization and

improved living standards, advances in technology, and climatic changes, and as a result water demand will increase not only for domestic consumption, but also for agricultural and industrial uses¹⁻³.

In many places, fresh water is not enough to meet rising demands, so alternative water sources should be sought out. Along with increased water consumption, the volume of the produced wastewater also increases^{4,5}, and urban wastewater treatment can be replaced as a significant source of water. This reduces not only fresh water consumption but also the amount of wastewater produced and discharged to the environment⁶⁻⁸.

The extended aeration activated sludge system is one of the most commonly used wastewater treatment methods that are currently being widely used in Iran⁹, Chile¹⁰ and Estonia¹¹. In this process, the hydraulic flow regime is complete mix. The amount of sludge produced in this process is lower than that produced in other activated sludge processes. In addition, the sludge obtained from this method is stable and dry and is well dehydrated and dried. High hydraulic retention time (about 18-36 hours) increases the tolerance of the process to shocks caused by increased organic loading, and uniformization is well done¹².

The extended aeration activated sludge process is similar to that of the conventional piston flow process, with the exception that the extended aeration process is used in the endogenous phase of the bacterial growth curve, which requires less organic loading and longer aeration times. Because of the longer aeration period in comparison with other activated sludge processes, the cost of energy used in this process is comparatively higher¹³. Among the activated sludge systems, the highest BOD removal rate with 98-90% efficiency has been obtained for the extended aeration process¹⁴ that is widely used for the treatment of small communities' wastewater^{15,9}. Considering the advantages of the extended aeration activated sludge system, it is the most common method for healthy treatment of wastewater of residential complexes, villas, hotels and resorts, restaurants, hospitals and health centers, labor camps, and offices in factories, organizations, and corporations¹⁶.

In the study conducted by Takdastan et al. conventional activated sludge system was

converted to the extended aeration for increasing the removal efficiency¹⁷.

The study of Pirsahab et al. showed that the extended aeration activated sludge system had a higher efficiency for COD (73.33%) removal and linear alkyl benzene sulfonate (96.7%) compared to conventional activated sludge process¹⁵.

The aim of this study is to evaluate the performance of the extended aeration activated sludge system in removing physicochemical and microbial parameters in the Wastewater Treatment Plant of Nowshahr, north of Iran.

Materials and Methods

This descriptive-analytical study was carried out in the Wastewater Treatment Plant of Nowshahr for 6 months (from 22 December, 2015 to 21 June, 2016). The system used in the wastewater treatment plant is basically the extended aeration activated sludge system. The construction of the treatment plant was started in an area of 10 hectares in 1997 and it began to work in 2008. The wastewater production per capita for the treatment plant has been determined to be 140 liter/day.

The number of treatment plant modules in the first phase is 4 and the capacity of each module is 10,000 m³. The population covered by each module is about 40,000 people. The population covered by the treatment plant in the first phase is 150,000 people. The discharge capacity of the treatment plant is 10,000 m³/day. Average input flow to the treatment plant is 8100 m³/day.

Briefly, the structure of the treatment plant includes a screen, a pumping station, a grit chamber, two aeration basins, and four sedimentation basins. The sludge dewatering and thickening system are strain filtration and gravity thickening, respectively. Disinfection of the output effluent is carried out with sodium hypochlorite. In the wastewater treatment plant, solid waste and large materials in the wastewater are separated by two mechanical and a manual solid waste collectors. The grit chamber unit in this system is of aeration type. The number of basins is two and the dimensions of each basin are 2.7 m × 20 m × 3.4 m. Aeration time is 24 hours,

each basin is 20 m × 60 m and the wastewater height is 3.5 m. Each module has two aeration basins. The type of system studied is high speed surface aerator. In the first module of the treatment plant, 6 high-speed, surface aeration systems are used. The volume of the aeration basin is 8400 m³. For sedimentation of the suspended solids and floc in the effluent after the aeration unit, a secondary sedimentation unit is placed. The number of sedimentation basins determined for each executive module is 4 with an area of 8 m × 24 m. The surface load in the unit is 13m³/m² per day.

The grab sampling was done at intervals of one week at 8-11 am in December, January, February, March, April, and May. A total of 96 samples were collected from raw input wastewater, output effluent and aeration basins. In order to evaluate the performance of the treatment plant, the 5-day biochemical oxygen demand (BOD₅), the chemical oxygen demand (COD), total suspended solids (TSS) and microbial parameters total coliform (TC), fecal coliform (FC) of raw input wastewater and output effluent and sludge age (θ_c), hydraulic retention time (HRT), mixed liquor suspended solids (MLSS), mixed liquor volatile suspended solids (MLVSS), sludge volume index (SVI) and food-to-mass (F/M) ratio were measured in the aeration basin and also X_r (the MLSS of sludge reverse line), Q_w (discharged sludge flow), Q

(input wastewater) and V (aeration basin volume) were measured.

For physicochemical tests, polyethylene containers (1 L) were used and for microbiological tests, glass containers (300 mL) were used for sampling. The experiments were carried out according to the water and wastewater testing standards¹⁸.

Finally, graphs were drawn using Excel 2010 software and one-sample t -test ($P < 0.05$) in the SPSS version 23 was used for data analysis. The Pearson correlation coefficient was used to determine the correlation between BOD₅ and COD of output effluent.

Results

The changes of BOD₅, COD, TSS, TC and FC during the study period in the wastewater treatment plant are shown in Figures 1-5.

Figure 6 illustrates the removal efficiency of pollutants and pathogens during the months of sampling. The average overall results from the analysis of input and output wastewater treatment plant analysis and their comparison with the standards of the Iranian Environmental Protection Agency are shown in Tables 1-2 shows the mean values obtained from the measurement of design and operational parameters during the sampling in the treatment plant.

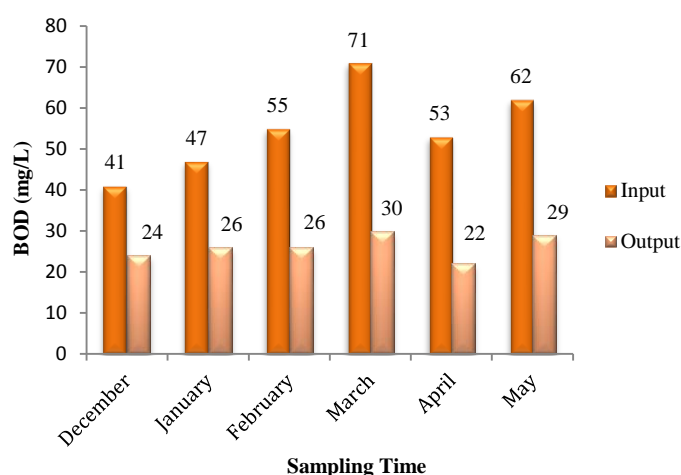


Figure 1: The trend of changes in BOD₅ in the input and output wastewater treatment plant

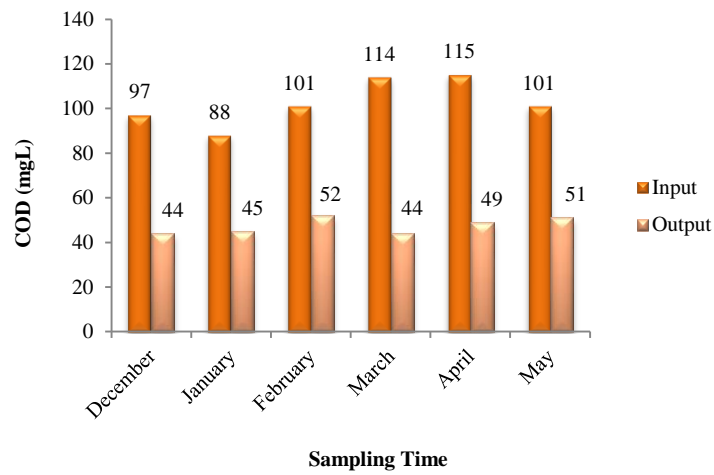


Figure 2: The trend of changes in COD in the input and output wastewater treatment plant

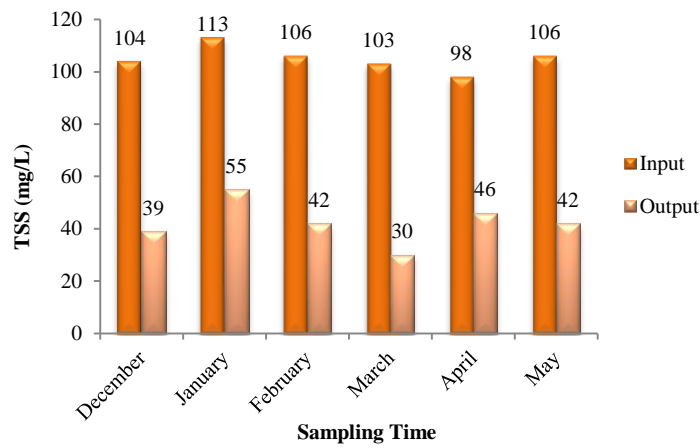


Figure 3: The trend of changes in TSS in the input and output wastewater treatment plant

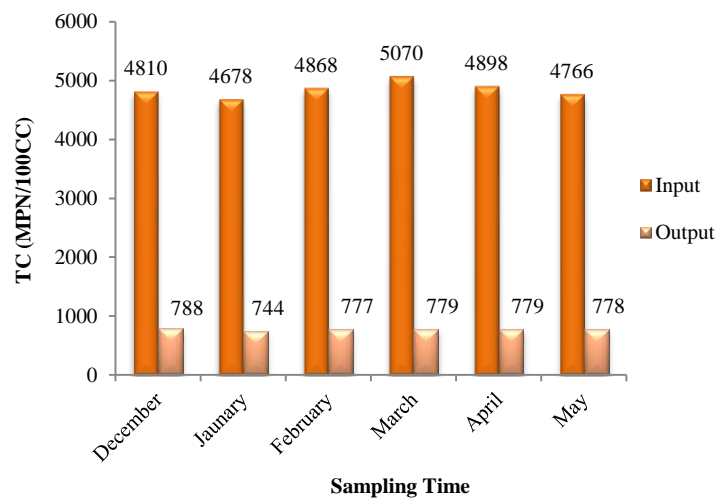


Figure 4: The trend of changes in total coliform in the input and output wastewater treatment plant

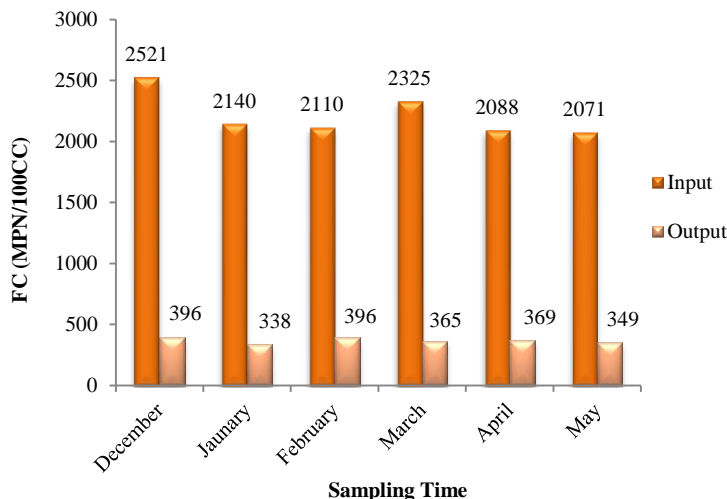


Figure 5: The trend of changes in fecal coliform in the input and output wastewater treatment plant

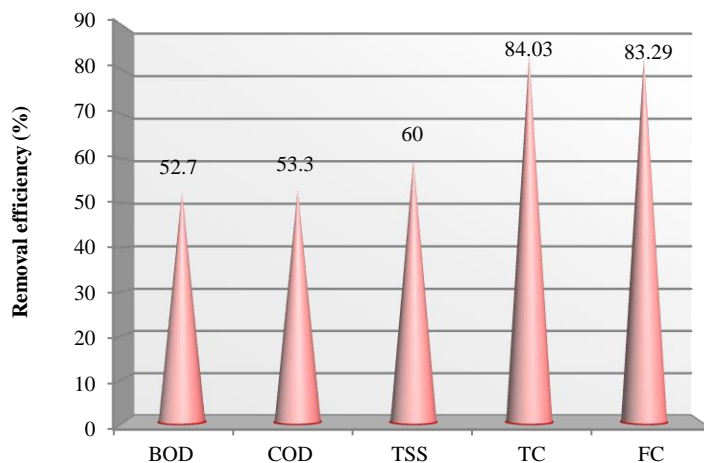


Figure 6: The mean removal efficiency of the studied parameters in Nowshahr Wastewater Treatment Plant

Table 1: The results of the analysis of input and output wastewater during 6 months and P values for the studied parameters

Parameter	Input Wastewater	Output Effluent	Environmental Protection Agency Standards			
	Average ± SD*	Average ± SD*	Discharge to Surface Waters (mg/L)	Pvalue	Agricultural Use (mg/L)	Pvalue
pH	7.36 ± 0.147	7.79 ± 0.06	-	-	-	-
COD (mg/L)	102.66 ± 10.32	47.5 ± 3.6	60	P < 0.001	200	P < 0.001
BOD ₅ (mg/L)	54.83 ± 10.66	26.16 ± 2.99	30	P < 0.02	100	P < 0.001
TSS (mg/L)	105 ± 4.89	42.3 ± 8.21	40	P < 0.5	100	P < 0.001
TC(MPN/100 cc)	4848.33 ± 133.6	774.16 ± 15.3	1000	P < 0.001	1000	P < 0.001
FC (MPN/100 cc)	2209.16 ± 178.35	368.83 ± 23.8	400	P < 0.02	400	P < 0.2

* Standard deviation

Table 2: The mean values of the results obtained from the measurement of design and operational parameters during the sampling period (6 months)

Parameter	December	January	February	March	April	May	Average \pm SD*
MLSS(mg/L)	160	185	190	180	183	179	179.5 \pm 10.32
MLVSS(mg/L)	101	130	134	125	129	123	123.66 \pm 11.75
SVI(ml/gr)	48	49	52	53	44	47	48.83 \pm 3.31
Q (m ³ /day)	7980	7995	8113	8023	8023	8118	8042 \pm 59.31
F/M(day-1)	0.17	0.23	0.28	0.39	0.28	0.33	0.28 \pm 0.07
HRT(hour)	25	25	24.85	25.13	25.13	24.84	24.99 \pm 0.127
Xr (mg/L)	618	565	579	547	552	532	565.5 \pm 30.28
Qw (m ³ /day)	509	515	526	509	506	509	512.33 \pm 7.31
(day) θ_c	6.54	5.34	5.48	5.43	5.49	5.56	5.64 \pm 0.44

* Standard deviation

Discussion

Continuous control and monitoring of the treatment process, especially biological processes, is essential because the change in various parameters such as pH, MLSS, input organic loading input and etc. is very effective on the performance of the treatment system^{19, 20}. The results of this study showed that the removal efficiency of pollutants during the months March, April and May was higher than the cold season. The main reason for the further removal of pollutants in warm seasons is the higher activity of microorganisms at high temperatures. Therefore, the removal efficiency of biological compounds in the warmer seasons seems to be higher. The study of Pirsahab et al. showed that the removal efficiency of COD and TSS for the extended aeration system in warm seasons and during the months March to August was higher than in the cold season, which is consistent with the results of the current study¹⁵. In this study, the average removal efficiency of contaminants BOD₅, COD, TSS, TC and FC was 52.7%, 53.3%, 60%, 84.03% and 83.29% respectively. The study of Zazouli et al. on the treatment of industrial wastewater in Agh Ghalla, Golestan, showed that the removal efficiency of BOD₅, COD and TSS was 96.66%, 98.2% and 97.6% respectively²¹. Shahmoradi et al. reported the removal efficiency of 41.48% and 83.74% for respectively COD and BOD₅ in the treatment of wastewater in Bojnourd²². In another study, Mohammadi et al. obtained removal efficiency of 3.90%, 93.9% and 86.4% for COD,

BOD₅ and TSS respectively²³. By comparing the removal efficiency of the pollutants studied in this system with other similar studies, it is observed the removal efficiency is relatively lower, which can be due to low concentrations of input pollutants. According to the results of statistical analysis (Pearson correlation test), there was a significant relationship between the concentrations of output BOD₅ and output COD in all months of sampling ($P < 0.05$). The pH of the output effluent was higher than that of the input wastewater in all cases. Statistical analysis also showed that the Nowshahr wastewater treatment plant could remove BOD₅, COD, TSS, TC and FC in accordance with the standards of the Iranian Environmental Protection Agency and the concentrations of the above pollutants were lower than the standard levels and all the parameters were compatible with the standards of discharge to surface water and agricultural consumption, except for the TSS, which was higher than the respective standard for discharge to surface water. The results of this study showed that the amount of BOD₅ and COD in the wastewater of Nowshahr is categorized as a weak wastewater with respect to the severity of contamination.

One of the reasons for this problem is that during the construction and design of the wastewater collection network, the amount of water (groundwater and surface water) leakage is high in the collection network due to the high level of groundwater and the flow of surface water to the

network due to inappropriate design, which dilutes the wastewater²⁴. In addition, due to low population density around the network and because most buildings of the city are villas, few subscribers are connected to the network throughout the collection network. The average MLSS of the aeration basin was obtained 180 mg/L. In the activated aeration system, the MLSS varies from 1,500 to 5,000 mg/L, which is significantly different from the current standards. The F/M ratio is one of the important indicators for operation of wastewater treatment plants. The mean F/M ratio in this study was obtained 0.28 day⁻¹. It was expected that, given that the wastewater treatment system studied is an extended aeration activated sludge system, the result for the F/M ratio be 0.15-0.05 day⁻¹²⁵, but the obtained result is higher than this amount and within the range of conventional activated sludge system (0.2-0.4 day⁻¹)¹⁷. The F/M ratio is controlled by the amount of sludge. The high amount of sludge contributes to an increase in the F/M ratio, and therefore, the MLVSS concentration in the output effluent is increased and the sludge will become turbid. On the other hand, the low levels of fungal sludge reduce the F/M ratio, thus causing organisms to survive hunger²⁶. Therefore, considering these results, it can be concluded that the amount of sludge in the system should be reduced to adjust this index. SVI is one of the parameters used to investigate the sedimentation properties of wastewater treatment sludge. The mean SVI value in the wastewater treatment plant of Nowshahr during six months in our study was determined 48.83 ml/g. This figure is not in the range 50-150 that represents the range of this operation parameter for activated sludge system, indicating an undesirable condition of sludge for sedimentation. The pinpoint floc results from the conversion of sludge flocs into small components that can pass through the active sludge unit along the wastewater. It is argued that the filamentous bacteria are the main reason for the activated sludge flocs formation, and therefore the presence of a low number of filamentous decreases the

strength of the flocs and, as a result, leads to weak sedimentation and release of turbid wastewater²¹.

In this study, the output effluent formed bubbles, and The HRT was obtained 25 h that is within the usual range of activated aeration systems (18-36 h) design. Sludge age or cell retention time (θ) is another design parameter and an operational index related to the F/M ratio. The amount of this index for the activated aeration system is between 20-30 days. During the six months in our study, the average value of this index was 5.64 days, which is much lower than the standard and within the usual range of conventional activated sludge system design and complete mix (4-15 days). This index shows that the duration of sludge presence in the aeration tank is very short; in other words, it can be concluded that because the MLSS in the aeration tank is very low, this index is low.

In this study, the average BOD₅/COD ratio was 0.5. The amount of this ratio in municipal raw wastewater is 0.4 - 0.8 and in municipal output effluent is 0.3-0.1. This ratio is higher than the standard ratio obtained for the output effluent of the wastewater treatment plant of Nowshahr. This result reflects that some amounts of non-biodegradable materials, growth-inhibiting materials, and organic matter that are resistant to degradation exist in the wastewater of Nowshahr that can be due to the entry of wastewater into the collection system.

Conclusion

This study showed that the produced effluent was compatible with the Iranian Environmental Protection Agency standards for physico-chemical (COD, TSS and BOD₅) and microbial (TC and FC) parameters and therefore can be used for agricultural purposes or discharge into surface water. The results of this study also showed that the three important parameters in design and operation, i.e., F/M, HRT, and θ_c , exhibited the behavior of the conventional activated sludge, extended aeration system, and conventional aeration system, respectively. As a result, due to inappropriate operation, all design parameters,

except for HRT, did not match the design criterion for an extended aeration activated sludge system.

Acknowledgements

This study was derived from master's thesis on environmental engineering at Islamic Azad University, Tonekabon Branch. We also gratefully thank all of the people who contributed to this study.

Funding

Islamic Azad University, Tonekabon Branch, Iran.

Conflict of interest

The authors declare that they have no conflicts of interests.

This is an Open Access article distributed in accordance with the terms of the Creative Commons Attribution (CC BY 4.0) license, which permits others to distribute, remix, adapt and build upon this work for commercial use.

References

1. Eslami H, Sedighi Khavidak S, Salehi F, et al. Biodegradation of methylene blue from aqueous solution by bacteria isolated from contaminated soil. *J Adv Environ Health Res.* 2017; 5(1): 4-6.
2. Khosravi R, Eslami H, Almodaresi SA, et al. Use of geographic information system and water quality index to assess groundwater quality for drinking purpose in Birjand City, Iran. *Desalin Water Treat.* 2017; 67(1): 74-83.
3. Eslami H, Ghelmani SV, Salehi Vaziri A, et al. Comparing the efficiency of stabilization ponds and subsurface constructed wetland in domestic sewage treatment in city of yazd. *J Water and Wastewater.* 2015; 26(6): 100-6.
4. Shahi D, Ebrahimi A, Esalmi H, et al. Efficiency of straw plants in removal of indicator pathogens from sub surface flow constructed wetlands of municipal wastewater in Yazd, Iran. *J Health Dev.* 2012; 2(1): 147-55.
5. Shahi DH, Eslami H, Ehrampoosh MH, et al. Comparing the efficiency of cyperus alternifolius and phragmites australis in municipal wastewater treatment by subsurface constructed wetland. *Pak J Biol Sci,* 2013; 16(8): 379-84.
6. Dehghani R, Shayeghi M, Esalmi H, et al. Detrmination of organophosphorus pesticides (diazinon and chlorpyrifos) in water resources in Barzok, Kashan. *Zahedan Journal of Research in Medical Sciences.* 2012; 14(10):66-72.
7. Eslami H, Ehrampoush MH, Ghaneian MT, et al. Effect of organic loading rates on biodegradation of linear alkyl benzene sulfonate, oil and grease in greywater by Integrated Fixed-film Activated Sludge (IFAS). *J Environ Manage.* 2017; 193: 312-7.
8. Eslami H, Hematabadi PT, Ghelmani SV, et al. The performance of advanced sequencing batch reactor in wastewater treatment plant to remove organic materials and linear alkyl benzene sulfonates. *Jundishapur Journal of Health Sciences.* 2015; 7(3): 33-9.
9. Mohammadi H, Sabzali A, Gholami M, et al. Comparative study of SBR and extended aeration activated sludge processes in the treatment of high-strength wastewaters. *Desalination.* 2012; 287: 109-15.
10. Vera I, Sáez K, Vidal G. Performance of 14 full-scale sewage treatment plants: Comparison between four aerobic technologies regarding effluent quality, sludge production and energy consumption. *Environ Technol.* 2013; 34(15): 2267-75.
11. Lopsik K. Life cycle assessment of small-scale constructed wetland and extended aeration activated sludge wastewater treatment system. *Int J Environ Sci Technol.* 2013; 10(6): 1295-308.
12. Pirsaeheb M, Dargahi A, Zinatizadeh A, et al. Evaluating the performance of extended aeration process in treatment of hospital wastewater and determining its kinetic coefficients- Case study: Wastewater Treatment Plant of Quds Hospital in Sanandaj. *J Environ Sci Technol.* 2017; 19(5): 1-11.
13. Takdastan A, Mehrdadi N, Azimi AA, et al. Investigation of the excess sludge reduction in SBR by oxidizing some sludge by ozone. *Iran J Chem Eng.* 2009; 28(4): 95-104.

14. Mousavian S, Takdastan A, Seyedsalehi M, et al. Determining the kinetic's coefficients in treatment of sugarcane industry using aerobic activated sludge by complete-mix regime. *J Chem Pharm Res.* 2016; 8(4): 1342-9.
15. Pirsahab M, Khamutian R, Khodadadian MA. comparison between extended aeration sludge and conventional activated sludge treatment for removal of linear alkylbenzene sulfonates (Case study: Kermanshah and Paveh WWTP). *Desalination and Water Treatment.* 2014; 52 (25-27): 4673-80.
16. Metcalf and Eddy. *Wastewater Engineering, Treatment, Reuse and Disposal.* New York: McGraw-Hill; (2003).
17. Takdastan A, Kordestani B, Nisi A, et al. Study of Operational and Maintenance Problems and Parameters of Extended Aeration Activated Sludge Process in Golestan Hospital Wastewater Treatment Plant, Ahvaz, and Their Solutions. *J Environ Health Sci Eng.* 2016; 3(4): 270-9.
18. Federation WE, Association AP. Standard methods for the examination of water and wastewater. American Public Health Association (APHA): Washington, DC, USA. 2005.
19. Djukic M, Jovanoski I, Ivanovic OM, et al. Cost-benefit analysis of an infrastructure project and a cost-reflective tariff: A case study for investment in wastewater treatment plant in Serbia. *Renew Sust Energ Rev.* 2016; 59(2): 1419-25.
20. Ye C, Yang X, Zhao FJ, et al. The shift of the microbial community in activated sludge with calcium treatment and its implication to sludge settleability. *Bioresour Technol.* 2016; 207(2): 11-8.
21. Zazouli MA, Ghahramani E, Ghorbanian Alahabad M, et al. Survey of Activated Sludge Process Performance in Treatment of Agghala Industrial Town Wastewater in Golestan Province in 2007. *Iranian Journal of Health and Environment.* 2010; 3(1): 59-66.
22. Shahmoradi M, Gholami M, Mahae M, et al. Investigation into organic matter and nutrient removal in an activated sludge wastewater treatment system: case study of Bojnurd. *Journal of North Khorasan University of Medical Sciences.* 2014; 5(5): 927-33.
23. Mohammadi P, Khashij M, Takhtshahi A, et al. Performance evaluation and biokinetic coefficients determination of activated sludge process of sanandaj wastewater treatment plant. *Safety Promot Inj Prev.* 2016; 4(2): 109-16.
24. Kor Y, Zazoli M, Keramat S, et al. Survey of performance and optimizing methods of aerated lagoons of bandargaz wastewater treatment plants. *The Journal of Toloee-behdasht.* 2009; 8(1-2): 1-2.
25. Takdastan A, Azimi A, Torabian A. Intermittent ozonation to reduce excess biological sludge in SBR. *J Water Wast.* 2009; 20(3): 41-49.
26. Ghelmani V, Mirhosseni Dehabadi A, Ghaneian M, et al. Removal efficiency of nitrogen, phosphorus and heavy metal by intermittent cycle extended aeration system from municipal wastewater (Yazd-ICEAS). *Journal of Environmental Health and Sustainable Development.* 2016; 1(2):128-36.